


Downside School Supper Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup station...	Curried cauliflower & butternut squash	Cream of celeriac	Potato & leek	Cream of carrots	Minestrone	Tomato & basil	Tuscan bean
Main event...	Ham & leek pie	Green Thai chicken curry Or Red Thai chicken curry	Pasta bar: Conchiglie de caponata	Twice cooked Chinese 5 spice belly pork with pak choy	Pizza bar: Thin crust, hand stretched dough (& gf cauliflower bases)	Pork & beef meatloaf, red wine & onion gravy	Chorizo & celeriac tartiflette
On the side...	Mashed potato, peas & sweetcorn, beans	Lemon rice, stir fried vegetable noodles	Spaghetti alla carbonara Tagliatelle frutti di mare	Steamed braised rice, honey & parsley carrots, spring greens	Sweet potato, sweet red onion & rocket Spinach, courgette & goats cheese Margarita	Buttery creamy mashed potato, roast parsnips & carrots	Peas & carrots, cauliflower cheese
Vegetarian...	Spinach & mushroom loaded jacket potatoes	Butternut squash, sweet potato & spinach Thai green curry	Rosemary, roast red onion & sea salt focaccia	Quorn cottage pie		Stuffed butternut squash with sun dried tomatoes, mushroom & basil	Giant mushroom vol au vents
Daily selection of freshly made seasonal salads, dressing & accompaniments							
Salad board...	Puy lentil salad	Chick pea, spinach with chilli & lime	Red onion, green lentil, chilli & mint salad	Sesame chicken & noodle salad	Avocado & white bean salad	Greek salad	Roasted salt beetroot & squash
Alternative...	Downside homemade Scotch eggs	Cheese & potato pies	Butternut squash fritters, spring onion & crème fraiche dip	Ramen bar	Leek & goats cheese turnover	Homemade sausage roll	Jackets, beans & cheese
Pudding...	Honey cake with berries & cream	Ice cream bar	Orange & rosemary polenta cake, thyme & orange syrup	Choux pastry heaven!	Treacle tart Layered salted caramel chocolate pots	Fresh fruit salad Lemon drizzle cake	Apple crumble & custard
Fruit of the day...	Satsuma	Banana	Red apple	Banana	Pear	Satsuma	Green apple
with alternatives such as yoghurts, jellies & fresh fruit							
IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE ASK OUR STAFF FOR INFORMATION							