

Worries and Concerns - A Pupil's Guide

The following statement is included in the Pupil Planner and posted in all Houses:

This guide explains what you should do if you feel worried about something and what you should do if you are concerned about how you are being, or have been, treated. Much of what follows may seem obvious to you, but it is important for you to realise that the School will want to help you if you have a problem that is making you unhappy.

You may just wish to talk to someone or you may wish to make a complaint. Either way this advice will assist you to decide what to do.

“What do I do if I just want to talk to someone?”

Remember you have close friends who may be able to help, or perhaps a senior boy or girl to whom you feel you can turn. Your House Master or House Mistress or Tutor is always ready to help, or any other members of staff (including domestic staff) you know and to whom you feel you can comfortably talk.

There may be times when you feel you cannot talk with a member of staff. Talk, telephone or write to any of the following:

Your parents

The School Health Centre Sister (or any school nurse) 01761 235128

The School Doctors 01749 840233

A School Chaplain 01761 235113

A Prefect

Somerset Direct, Somerset County Council 0300 123 2224

Avon and Somerset Police 101

ISI 020 7600 0100 or send a text to

0783 457 8095

Ofsted 0300 123 4666

Child Line FREEPHONE 0800 1111

NSPCC Child Protection Helpline:

FREEPHONE 0808 800 5000

FREETEXT 0800 056 0566

Independent Listener (Mrs Parry) 01749 572763 or 07802 400699

ehparry@btinternet.com

Drink Line 0300 123 1110

**Frank – National Drugs Helpline <http://www.talktofrank.com/contact-frank> 82111
(SMS) 0300 123 6600**

Smoking Quitline 0800 002200

NHS Smoking Helpline 0300 123 1044

Victim Supportline 08 08 16 89 111

Samaritans 08457 909090

NHS Direct 111

Office of the Children’s Commissioner 0800 528 0731

If you feel that your concern has not been dealt with, you should raise the matter formally with your House Master/House Mistress, or if appropriate, with the Director of Pastoral Care or the Deputy Head Master

My House Master/Mistress is:

Contact details:

My Tutor is:

Contact details:

Others, whom I have identified as being important to my support:

1.

Contact details:

2.

Contact details:

3.

Contact details:

If I feel particularly anxious or concerned during the evening/night I will contact one of the following: